



"Pursuing fullness of life for all by inspiring faith, lifelong learning and community engagement."



We acknowledge the traditional owner groups of this land. We learn, work, live and recognise their connection to land, water and community. We pay respect to elders past, present and emerging, believing we can walk together for a better future.

SCHOOL ADVISORY COUNCIL:

President: Chris White Vice-President: Elise Coxon Parent Rep: Leanne Dillon
 Maintenance Representative: Mark McClure School Uniform Representative: Beck Merrett
 Staff Representative: Gorgia Craig Ex Officio Members: John O'Sullivan and Barb Ryan

Principal's Report

Dear Parents,

On Monday, we had a visit from Bishop Paul Bird, the Bishop of the Diocese of Ballarat; he was accompanied by Fr George. Bishop Paul was visiting and touring all three of our Western Trinity schools. The students and staff had the opportunity to meet and greet and ask Bishop Paul some great questions about his pastoral role and his early life growing up in Newcastle.

Last Friday, Grant Campbell Coordinator of our recent school fundraiser "St. Malachy's Moo Crew" and Chris White, our S.A.C. Chairman, delivered 28 young steers to the farming families that were happy to agist cattle at the moment. Hopefully when we get more rain and conditions improve, some further cattle can be agisted to other families who have the infrastructure to look after cattle. A big thank you to those families and to Grant and Chris for giving up your time and making this happen. I will keep you updated on the progress of the fundraiser.

We are fine tuning our spacecraft and telescopes for Space Camp tomorrow night; more details and pictures next week. Staff and students are looking forward to a great night and the activities on Friday.

Stay warm with these cold mornings.

-John

Prayer

Refugee Week runs between June 16 - 22, highlighting the perils that many individuals and families face daily.

We pray this week for refugees in our own community and around the world:

God of Mercy,

we lift up to You all refugees and their families. Grant them strength and courage as they seek new beginnings.

Shelter them with Your love and peace in times of uncertainty and

Guide them to places of safety and hope, where they can rebuild their lives and find freedom.

Bless their journey with compassion and support.

St. Joseph: Pray for us.

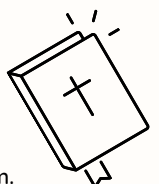
May the spirit of St. Malachy and Catherine McAuley guide us in all we do.

Amen.



Church Mass Times

1st Sunday: 9 a.m.
 2nd Sunday: 9 a.m.
 3rd Sunday: 11 a.m.
 4th Sunday: Lay led @ 10 a.m.



FOR MORE INFORMATION

Address: 34 Lake Street, Edenhope, 3318
 Phone: (03) 5585 1396 Mobile: 0428 913 777
 Email: admin@smedenhope.catholic.edu.au
 Principal: John O'Sullivan

Child Safety

On Tuesday, staff completed their Anaphylaxis training giving them the confidence to administer an Epipen, if needed to, at any time if the need ever arises.

We are always conscious of food allergies, triggers, bee stings, etc. that can cause an anaphylactic reaction. When staff are on duty @ recess and lunchtime, they always carry a first aid bag which has an Epipen inside just in case an incident were to happen. The same first aid bag also travels with students if they're heading to the library, supermarket, etc. and an Epipen is also located in the excursion backpack when students head off to sports events, camps, etc.

Medical information - within the SIMON/P.A.M. program and excursions' permissions, asthma and anaphylactic plans have now been added to your child's profile within the system.

At the start of every school year, the medical details will need reviewing through P.A.M. and it'll be the opportunity to update the medical details of your child/ren. Some parents will have received a "bump" if those details aren't up to date or incomplete. Please review those medical details as your child/ren attending excursions cannot happen if they're not validated. A text to the school mobile will not help if the medical details have not been validated by parents. Any problems, please contact Barb and she can send home a paper copy for you to fill out and she can update the profile/s for you.

Tinnies for Vinnies

Tinnies for Vinnies is a winter appeal Mini Vinnies have going on at the moment at school. The Tinnies For Vinnies campaign is run by St. Vincent de Paul and sees tinned food distributed amongst those in our town who need a little extra help. The tubs are just near the office so feel free to drop your donation in. Continued support of social justice activities we do at St Malachy's is a part of our Religious Education and Social Justice Programs.



Around the Rooms

Foundation/Year 1: Mrs. Chadwick

This week has been all about getting ready for space camp. After building a model of our solar system, including one hefty asteroid belt, we have taken some time to write down our favourite planets and why. Foundations have all taken a significant leap in the past few weeks with their writing stamina and capabilities while the Grade 1's have been ensuring they implement our 'non-negotiables' into each piece of writing they tend to. This involves spelling common words correctly, correct letter formation, and using VCOP to enhance vocabulary, sentence openers, connectives and punctuation. While this is a work in progress, we have seen some astronomical efforts in writing this week!

Year 2: Mrs. Craig

This week, we have been shooting for the stars with our writing. I was very impressed with the quantity we had written in last week's writing assessment, however this week, we are working on the quality. We have been making some fantastic complex and compound sentences, ensuring we are using describing words. Once we established we could write some ripping sentences, we progressed to detailed paragraphs describing potential settings for stories.

Year 3/4: Mrs. Thomson & Ms. Watt

What a busy term it has shaped up to be. We are busy completing our narratives and have attached some to this newsletter for your entertainment. In Maths, we are working on multiplication and division. Our focus has been on all the times tables but especially the 3, 6, 9, 7 and 8s. We are learning little tips and tricks to help us figure the facts out if we can't remember them. For example... did you know the 6 times tables are doubles of the 3s?

Year 5/6: Ms. Simpson

Health Focus: Building resilience

In our class, we took an anonymous survey and it turns out that everyone at some point has experienced:

- feeling terrible and thought it wouldn't improve
- worried about a bad mistake
- feel they have been treated unfairly
- fell sad after losing a love

From this, we noticed that everyone experiences bad times, but these bad times end ("this too shall pass"), and we can control how we respond to and lift ourselves out of a 'bad' time. This includes:

- 1) knowing we need to make mistakes to learn. our new class quote is - if we didn't get it right, then we have learnt something
- 2) understanding conflicts are normal, important and healthy in developing our relationships
- 3) flipping our thinking to more helpful and optimistic thoughts
- 4) taking responsibly for things we have or haven't done that may have contributed to a situation
- 5) practising gratitude
- 6) learning from good role modelling

Mum's cuppa - Thursday, 20th June @ 8.30 a.m.



Upcoming Dates

JUNE

20th: Mum's cuppa @ 8.30 a.m.

20th/21st: 2024 Space Camp

28th: End of Term 2 - 2.15 p.m. finish

JULY 15th: Start of Term 3



Can you help F-1?

The Foundation-1 Class is looking for any old fashioned trinkets or tools you may have lying around at home which we could borrow to take to Lakeside Living. We would love the students to use these items as a conversation starter on Tuesday when we visit. We will return goods once we are done. If your item is a little fragile for little enthusiastic hands, perhaps a photo may work.





Spider Gwen!!! By Rhianna McClure

Beep beep beep beep.

Yawn. I stop my alarm clock and get dressed. I go downstairs. I get breakfast. "Mum" I say. "Yes?" "Where are my study books?" I say. "I never touched them." Said mum. "Yes you did. You said that you had to help clean my room and my study books aren't on my desk". "Hang on, I found them on the couch" says mum. "Thank you" I say.

Oh I'm sorry I haven't told you my name yet! It's Gwen. I'm not an ordinary girl. I'm a superhero. I don't have any superpowers but I do have all the abilities that spiders have. I'm 13 years old. I'm the height of a normal 13 year old. I have blonde hair and blue eyes. I'm shy at school where everyone thinks I'm normal but when I'm a hero saving lives I'm fearless.

"Bye Mum." "See ya kiddo". I grab my books, put them in my backpack and go to school. On my way I see someone in trouble.

Bing bing bing bing bing bing.

Oh no it's first class already I knew I shouldn't have messed around trying to find my study books. Should I be late to class again or save that person? I rush inside and put my books in my bag box. I sprint out the same way I came in. As I am trying to find somewhere to hide outside I finally find a tree that is thick and beautiful with flowers all around it. I step behind it and all of a sudden I get sucked in it. It's like someone has sent me back in time - I tear off my clothes to get out my mask and suit. My suit is under my clothes so don't worry I'm not naked. With my spider webs I grab my bag and then I get thrown out into the middle of New York. I'm so high up. Wait a second I'm on top of one of the highest skyscrapers. Wooooaahhh!🤩 My nerves tell me there is something behind me. I jump up into the air and do a backflip and use my webs but before I can use my webs I get shot by webs. Aaaahhh!!!😱 Now I'm falling from the sky! Ooff!!!😓 I land on the ground, legs and hands are all tied up by webs. I'm all dizzy in my head.

One hour later

"Aaaawwwww Where am I?" "don't worry you're safe" who's that?" Spider-man and miles" I slowly open my eyes. Okay it's spider man the great wwwwaaaww!!! I just realised I'm not wrapped up in webs anymore. I seem to be in a spider HQ cool!!! "What's your name? says Spider-Man. "spider-Gwen" Did you guys shoot me with webs? Yes we did! Hang on if we're in New York, how am I supposed to get back to where I live?" "Don't worry we have been sucked into this world too" they said "Are you guys from the land of superheroes?" "yes"

Ring ring ring ring ring

Oh it's my phone in my backpack they must have picked it up when they shot me with webs. I walk over. It's Mum I answer " hi Mum I've been sucked through this magic tree now I've ended up in New York!" "What, so you're not in the superhero world? That's right" "you must get back into the superhero world - "mum don't worry I'm with Spider-Man and his friend safe in his HQ" oh thank goodness" "if I can't find a way back we'll stay in touch" "right yes we will in fact I want you to stay on the phone right this instant young lady and tell me exactly where you are." "mum leave me alone I'm not stupid you know I'm 13 and I'm almost fully a superhero" "But Gwen sorry you're right but you've got to trust me that you'll be very careful I mean very careful" "yes Mum" bye" "If you didn't know we've tried to get out this world but it's really hard because we just can't find a way, we haven't found that tree or anything that we were going to transform behind. We will be fine living here and beside we've got this Awesome HQ to take care of us says" Spider-Man Something tells me he's right.

"In the meantime let's build a HQ part for you". "Think of all the things that you love and then tell us them and we'll try to put them in your part of the HQ and then it will make you feel like home okay? ok!!! I say Excitedly. "In a couple of hours it will be built. "I can live in it forever." Well yeah that's what is going to happen probably."

Seven years later. I'm 20 years old now and still haven't found a way out of this world but guess what I'm best friends with the boys and also staying in touch with mum and dad and mum isn't telling me off to be too careful now because I'm a full superhero now I will live like this forever.

Dennis Rodman - by Lucius K

Jordan sprinted on the court so happy to be back from his broken arm. "Pass it to me," said Dennis Rodman. "I'll shoot it," said Jordan. And it goes in! 3 pointer. We won! Yay! "Dennis and Scotty, do you want to go for a beer?" "Yeah" said Scotty. "Sorry I can't go" said Dennis "I'm going home to look after Mitchel the baby".

Dennis: I'm on the road. Oh no I hit a kangaroo. Better check if it is dead. Luckily it is not dead. I better get back on the road. Yes I'm home finally! That was the longest trip. I'd better go check on Mitchel. As I walk in the door I see that John is crying. "Why are you crying?" I ask. "Mitchel is gone!" He cried. "I better ring Kobe, because he is a detective and he will help us find him"

Kobe does a burn out into the driveway he jumps out of the window running into the house. We all pile into my car and go to put posters on every post. While we are driving John suddenly says "I think that's Mitchell! Pull over! I think he's on the roof!" "Are you joking?" I say. "Just pull over! Let's see!" John says. We furiously climbed the stairs to where John thought he saw Mitchel. When we arrive we see Lebron holding Mitchel. "What the hell are you doing?" I shout. "I'm doing this so I can throw you off your game on Saturday" says Lebron. "You're off to jail" says Kobe "Hand over the baby and put your hands up". Lebron turns around and drops Mitchel off the side of the roof. I grab a glider and dive off the roof after him. I grab Mitchel and luckily land on a platform.

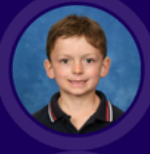
Then Lebron goes to jail and Dennis wins on Saturday night.

The End

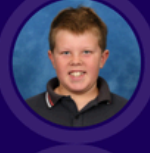
Allergy Alert



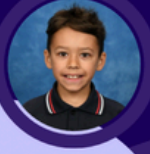
Name: Roy
Grade: 2
Anaphylactic to: Bees and Peanuts



Name: Oliver
Grade: Foundation
Anaphylactic to: Macadamia, walnut and pecans



Name: James
Grade: 4
Anaphylactic to: Bees



Name: Finn
Grade: 3
Anaphylactic to: Wheat and intolerance to egg and dairy.



Anaphylaxis can occur at any time, when our body over-reacts to a particular allergen. Some of our students manage their anaphylaxis every day.

We can all help them by:

- Not sharing food.
- Washing our hands regularly.
- Cleaning food spaces thoroughly.

Signs of Anaphylaxis:

- Swelling
- Rash
- Shortness of breath
- Change in heart rate

What to do if I notice Anaphylaxis?

- Call 000
- Seek out EpiPen from students bag or first aid bag.
- Seek teacher and parent support.

Can I pack these allergens into my child's lunch?

Our school policy is in line with Allergy Australia recommendations. We do not ask families to remove these allergens from their own children's lunch box but we do ask families to reiterate to their children the importance of not sharing food and washing their hands regularly. When we cook in class we will cater to these allergies the best way we can. We are very appreciative of the effort our families go to to check in with us regarding allergies before bringing shared food to school.

Years 1-6 Family Tips

Help Children Balance Their Media Lives



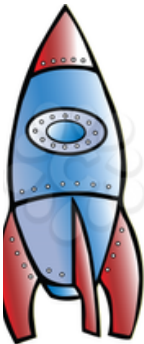
From phones and tablets to streaming movies and YouTube, tech and media are everywhere. Children love easy access to shows, games and information. Parents and carers love that children can learn on the go (and stay busy when dinner's cooking). But it's easy to overdo it when the phone never stops pinging and the next episode plays automatically. Families can keep media and tech use in check by following a few simple practices.

Check out these 5 tips

- 1 Create screen-free times and zones.**
Help children take breaks from tech by limiting screen time in bedrooms, during study time or at the dinner table.
- 2 Try parental controls.**
Set content limits that make sense for your family. Alongside talking about healthy media habits, use features such as content filtering, privacy settings and time limits offered by the apps and platforms to help manage access and exposure to media.
- 3 Establish clear family rules.**
Decide together what kind of media and tech is OK -- and when it's OK to use it. A family media plan can help get everyone on the same page.
- 4 Watch and play together.**
Choose quality, age-appropriate media to enjoy with your children. Visit [commonsensemedia.org](https://www.commonsensemedia.org) to find movies, shows, games and more.
- 5 Help children identify healthy behaviours.**
Practise talking about feelings -- both physical and emotional -- during screen and non-screen activities.



Space Camp 2024 - Thursday 20th



The excitement is building as the 6.00 p.m. launch time approaches for the 2024 Space Camp lift off. The staff are just as excited as the students are so school is astronomically buzzing at the moment around all things to do with space. Students can bring their overnight gear to school anytime Thursday and Mum's cuppa is also on @ 8.30 a.m. Thursday morning if Mums want to bring the gear then. Students will leave as normal Thursday and return from 6 p.m. Activities will start at about 6:30 p.m. Thursday night - it's okay if you arrive after this. Supper is provided. Friday is casual clothes, including space dress ups if you like, and a day filled with space adventures. All food on Friday is supplied.

Student PROFILE OF THE WEEK

Thomas Lee

Favourite book:
Harry Potter

If I could travel anywhere I would go to:
America

when I grow up I want to:
A farmer and a mechanic

If I was Prime Minister I would:
I would import cars to Australia and only have mechanic school.

My teacher always says:
"Good job!"

Mr O says...
"Thomas is a nimble lad with magnets for hands when it comes to any games with a ball in! His passion for dogs and cars gives him plenty to chat about with his mates any time of day!"